



Burnout vs Depression in the Healthcare Professionals!

Please join us for a complimentary 1.0 Hour Continuing Education presentation for Social Workers, Nurses & Nursing Home Administrators via Zoom!

SPONSORED BY:



Tuesday, October 27, 2020

3:45 p.m. - Sign in and Sponsor Presentation

4:00 p.m. – 5:00 p.m.: CE Presentation, Presented by: Jill Gafner Livingston, BSBM, CDP, CADDCT

Zoom Registration: Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZArdeqqqzwqGtKuuyJNc2VBJBSM9T48RRcc>

Please be advised: LARA requires you to have your camera on with your face showing at all times. This is considered a "Live" presentation that will go towards your required "Live" CE credit/contact hours. You may stay muted but you will need to have your video on with your face visible at all times during this one-hour session. This session will be recorded.

Course Description: This presentation will help attendees understand the difference between professional burnout and depression. The specific characteristics of burnout as a special type of work-related stress will be discussed. The typical characteristics of depression will also be presented. The distinction between professional burnout and depression will be explained. Burnout and depression as they relate to Nursing Home Administrators, nurses, physicians and social workers will be presented. Participants will be introduced to various treatment methods for both depression and burnout.

Learning Objectives: 1) Participants will complete a self-evaluation looking for signs of professional burnout within themselves; 2) Participants will learn the signs of professional burnout; 3) Participants will review the 12 steps of burnout and how to avoid it.

**RSVP by 10/26/2020 online at
www.cehealthlink.com**



Adair Consulting & Events, llc is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved provider number: MICEC# 111417. This program will award 1.0 CE Credit Hour.

This continuing nursing education activity was approved by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approval Number: 22831 This CE has been approved for 1.0 contact hour

This continuing education activity was approved by the LARA, an accredited approver by the State of Michigan. Approval Number: 489200001

For continuing education questions or grievances, please contact Adair Consulting & Events, llc at 586-648-6564 or admin@adairce.com.